WHEREAS, it is one of the responsibilities of the Mayor of the City of Westerville to recognize occasions of outstanding significance; and

WHEREAS, a walk in the park will likely be the most enjoyable part of your day; and

WHEREAS, make sure you walk with a clear mind and with your eyes open; and

WHEREAS, paying attention to your walk will help you avoid a fall and take in the beauty of nature's wonders; and

WHEREAS, a walk in the park is an excellent opportunity for exercise and relaxation; and

WHEREAS, a walk is calm and therapeutic, and taken after a busy day, it helps clear our mind and re-energize you; and

WHEREAS, if you take a walk during lunch, you'll find the afternoon of work goes quicker and easier; and

WHEREAS, the 2013 Healthy Lifestyle is a Walk in the Park is a program that encourages people of all ages to be active for up to one hour and is led by Mayor Kathy Cocuzzi on Saturday mornings at the Community Center.

NOW THEREFORE, I, Kathleen Cocuzzi, Mayor of the City of Westerville, Ohio, do hereby proclaim Saturday, March 23, 2013 as

## "WALK IN THE PARK DAY"

in Westerville and urge our citizens to take a walk in the park with a friend and to join Mayor Cocuzzi for the 2013 Healthy Lifestyle is a Walk in the Park program.

IN TESTIMONY WHEREOF, I have hereunto subscribed my name and caused my seal to be affixed this 19th day of March, in the Year of Our Lord, Two Thousand Thirteen.

Kathleen	Cocuzzi, Ma	ıyor	