

Proclamation

WHEREAS, it is one of the responsibilities of the Mayor of the City of Westerville to recognize occasions of outstanding significance; and

WHEREAS, heart disease is the leading cause of death in the United States, claiming hundreds of thousands of lives each year; and

WHEREAS, today, millions of Americans live with some form of cardiovascular disease, including congenital heart disease, coronary heart disease and high blood pressure; and

WHEREAS, individuals can reduce their chance of developing these and other types of heart disease by exercising regularly, maintaining healthy eating habits and weight and monitoring cholesterol and blood pressure levels; and

WHEREAS, during American Heart Month, we express our gratitude to the dedicated medical professionals, researchers and others whose tireless efforts help save lives and make a difference for countless citizens, and

WHEREAS, the American Heart Association is committed to public education about heart disease and stroke and this year urges everyone to “Be a Heartsaver” by knowing the warning signs of a heart attack, calling 9-1-1 and giving CPR.

NOW THEREFORE, I, Kathleen Cocuzzi, Mayor of the City of Westerville, Ohio, do hereby proclaim the month of February 2013 as

“AMERICAN HEART MONTH”

in Westerville and urge all residents to take advantage of regular screenings and consult their doctors about how to reduce their personal risk for heart disease and to take advantage of CPR training given by the American Heart Association.



IN TESTIMONY WHEREOF, I have hereunto subscribed my name and caused my seal to be affixed this 5th day of February, in the Year of Our Lord, Two Thousand Thirteen.

Kathleen Cocuzzi, Mayor